

May 2024

SUN	MON	TUES	WED	THURS	FRI	SAT
SPECIAL NOTES OSG = Offering to the Spiritual Guide WFJ = Wishfulfilling Jewel HYT = Highest Yoga Tantra empowerment required			1 35 Confession Buddhas 11-11:45am Lunchtime Meditation 12:15-12:45pm Lunch Heart Jewel with silent meditation 5-6pm FP 6:30-8:30pm	2 Quick Path (HYT Only) 12-1:30pm HJ with silent meditation 5-6pm TTP 6:30-8:30pm	3 The Power to Change GP Class 11am-12pm Lunch Powa 6-7pm Venice Branch GP Class 6:30-7:45pm	4 Pop Up Meditation at the Beach Beach at the end of Blvd of the Arts 11-11:45am
5 Peace & Pancakes GP Class 11-am12:15pm WFJ with food offering 3-4pm TTP 5-7pm	6 Lunchtime Meditation 12:14-12:45 Lunch HJ with silent meditation 5-6 pm Meditations on Loving Kindness with Prayers for World Peace 6:30-7:30pm	7 Heart Jewel with silent meditation 12-1pm Dakini Yoga (HYT Only) 5-6:00pm Introduction to Mahamudra: The Essence of Buddha's Teachings 6:30-7:45pm	8 35 Confession Buddhas 11-11:45am Lunchtime Meditation 12:15-12:45pm Lunch Tara Prayers 5-6pm FP 6:30-8:30pm	9 Quick Path (HYT Only) 12-1:30pm HJ with silent meditation 5-6pm TTP 6:30-8:30 pm	10 The Power to Change 11 AM-12 PM Lunch OSG with Food Offering 1-3:00pm Venice Branch GP Class 6:30-7:45pm	11 Just Breathe: A Mini Meditation Retreat For Everyone Session 1: 10-11:00am Break: 11-11:30am Session 2: 11:30am-12:15pm Break: 12:15-12:45pm Session 3: 12:45-1:30pm
12 Special Mother's Day Class & Brunch 11-12:15pm Brunch 12:30-1:30pm WFJ with food offering 3-4pm TTP 5 - 7PM	13 Lunchtime Meditation 12:14-12:45pm Lunch HJ with silent meditation 5-6 pm	14 Heart Jewel with silent meditation 12-1pm Dakini Yoga (HYT Only) 5-6:00pm Introduction to Mahamudra: The Essence of Buddha's Teachings 6:30-7:45pm	15 PRECEPTS DAY Mahayana Precepts 6:30-7:15am Sojong 9-10:30am (Ordained Only) 35 Confession Buddhas 11-11:45am Lunchtime Meditation 12:15-12:45pm Lunch Heart Jewel with silent meditation 5-6pm FP 6:30-8:30 PM	16 Quick Path (HYT Only) 12-1:30pm HJ with silent meditation 5-6pm TTP 6:30-8:30pm	17 The Power to Change 11 AM-12 PM Lunch HJ with Silent Meditation 5-6pm Venice Branch GP Class 6:30-7:45pm	18 Lakewood Ranch Branch GP Class 11:00am-12:30pm Banquet of Delight 5-9pm
19 Resilient Whatever Happens 11-12:15pm WFJ with food offering 3-4pm TTP 5 - 7 PM	20 Lunchtime Meditation 12:14-12:45 Lunch HJ with silent meditation 5-6pm	21 Heart Jewel with silent meditation 12-1pm Dakini Yoga (HYT Only) 5-6:00pm Introduction to Mahamudra: The Essence of Buddha's Teachings 6:30-7:45pm	22 35 Confession Buddhas 11-11:45am Lunchtime Meditation 12:15-12:45pm Lunch Heart Jewel with silent meditation 5-6pm FP 6:30-8:30pm	23 Quick Path (HYT Only) 12-1:30pm HJ with silent meditation 5-6pm TTP 6:30-8:30pm	24 Int'l Spring Festival The Power to Change 11 AM-12 PM Lunch HJ with Silent Meditation 5-6 PM	25 Int'l Spring Festival OSG with Food Offering 10-12pm
26 Int'l Spring Festival Resilient Whatever Happens 11-12:15pm WFJ with food offering 3-4pm TTP 5 - 7PM	27 Int'l Spring Festival Lunchtime Meditation 12:14-12:45 Lunch HJ with silent meditation 5-6pm	28 Int'l Spring Festival Heart Jewel with silent meditation 12-1pm Dakini Yoga (HYT Only) 5-6:00pm Introduction to Mahamudra: The Essence of Buddha's Teachings 6:30-7:45pm	29 Int'l Spring Festival PROTECTOR DAY 35 Confession Buddhas 11-11:45am Lunchtime Meditation 12:15-12:45pm Lunch Melodius Drum with Food Offering 1:30-5pm FP 6:30-8:30 PM	30 Quick Path (HYT Only) 12-1:30pm HJ with silent meditation 5-6pm TTP 6:30-8:30 PM	31 The Power to Change 11 AM-12 PM Lunch Medicine Buddha 5-6 PM	COLOR KEY: Special classes in blue Pujas in green Weekly classes in black Out of town branches in purple