

August 2024

SUN	MON	TUES	WED	THURS	FRI	SAT
SPECIAL NOTES OSG = Offering to the Spiritual Guide WfJ = Wishfulfilling Jewel HYT = Highest Yoga Tantra empowerment required = livestream available for members		COLOR KEY: Special classes in blue Pujas in green Weekly classes in black Branches in purple		1 Int'l Summer Festival Class and Puja Break	2 Int'l Summer Festival Class Break Powa 6-7pm	3
4 Int'l Summer Festival Building Blinks for Inner Peace GP Class 11-12:15pm	5 Int'l Summer Festival Class and Puja Break	6 Int'l Summer Festival Class and Puja Break	7 Int'l Summer Festival Class and Puja Break	8 Int'l Summer Festival Class and Puja Break	9 Int'l Summer Festival Class and Puja Break	10 Int'l Summer Festival OSG with food Offerings 5-7pm
11 Building Blocks for Inner Peace GP Class 11-12:15pm WfJ with food offering 3-4:00pm	12 Lunchtime Meditation 12:15-12:45pmpm HJ with silent meditation 5-6pm Meditations on Loving Kindness with Prayers for World Peace 6:30-7:30pm	13 HJ with silent meditation 12-1pm Dakini Yoga (HYT Only) 5-6pm Living With A Good Heart GP Class 6:30-8:00pm	14 35 Confession Buddhas 11-11:45am Lunchtime Meditation 12:15-12:45pm HJ with silent meditation 5-6pm	15 PRECEPTS DAY Mahayana Precepts 6:30-7:15am Sojong 9-10:30am (ordained only) Quick Path (HYT) 12-1:30pm HJ with silent meditation 5-6pm	16 The Power to Change 11-12pm Medicine Buddha 5-6pm	17 Volunteer Day 10-12pm
18 Building Blocks for Inner Peace GP Class 11-12:15pm WfJ with food offering 3-4pm	19 Lunchtime Meditation 12:15-12:45pmpm HJ with silent meditation 5-6pm Meditations on Loving Kindness with Prayers for World Peace 6:30-7:30pm	20 HJ with silent meditation 12-1pm Dakini Yoga (HYT Only) 5-6pm Living With A Good Heart GP Class 6:30-8:00pm	21 35 Confession Buddhas 11-11:45am Lunchtime Meditation 12:15-12:45pm HJ with silent meditation 5-6pm	22 Quick Path (HYT) 12-1:30pm HJ with silent meditation 5-6pm	23 The Power to Change 11-12pm HJ with Silent Meditation 5-6pm Profound Teachings from Buddha's Heart: Post-Festival Retreat with Gen Kelsang Lingpur Introduction 7-8:15pm	24 Profound Teachings from Buddha's Heart: Post-Festival Retreat with Gen Kelsang Lingpur Session 1: 10-11:15am Break: 11:15-11:45am Session 2: 11:45-1:00pm Lunch: 1:00-2:00pm Session 3: 2:00-3:15pm
25 Special Post-Festival Retreat Teaching & GP Class 11am-12:15pm Profound Teachings from Buddha's Heart: Post-Festival Retreat with Gen Kelsang Lingpur Session 5: 2-3:15pm OSG with food Offerings 5-7pm	26 Lunchtime Meditation 12:15-12:45pmpm HJ with silent meditation 5-6pm Meditations on Loving Kindness with Prayers for World Peace 6:30-7:30pm	27 HJ with silent meditation 12-1pm Dakini Yoga (HYT Only) 5-6pm GP - No Class Tonight	28 35 Confession Buddhas 11-11:45am Lunchtime Meditation 12:15-12:45pm HJ with silent meditation 5-6pm	29 PROTECTOR DAY Melodious Drum 12-3:30pm	30 The Power to Change 11-12pm Seven Florida Centers Present: Timeless Wisdom for a Happy Life-Advice from Atisha's Heart Introduction: 7-8:15pm HJ with silent meditation 5-6 pm	31 Seven Florida Centers Present: Timeless Wisdom for a Happy Life-Advice from Atisha's Heart Session 1: 9-10:15am Session 2: 11:15am-12:30pm Lunch: 12:30-2:30pm Session 3: 2:30-3:45pm Dinner: 5-6pm